



# WOMEN'S

## SQUASH COACHING

# MONDAYS

**7:30pm - 8:30pm**

(30 mins open play until 9pm)

**DROP IN PER SESSION**

**MEMBERS £10 / NON MEMBERS £12**

**max 8/session, pay online & register weekly on WhatsApp group**

(scan QR codes below)

**Coaching game format, conditioned games,  
team play & lots of laughter**



**Booking**



**WhatsApp**